

Board Policy Adopted: March 19, 2024

Revised:

Approved by: LJA's Board of Directors

## Laura Jeffrey Academy Concussion Policy

### Recognition and Response Protocol

- If a student experiences a bump or hit to the head, remove them from activity. Student may not be left alone. If the student is able to walk, escort them to LJA's main office.
- Monitor for a minimum of 30 minutes and complete the [Concussion Signs and Symptoms Checklist](#) form. Check for signs or symptoms immediately after the injury, 15 minutes later, and at the end of 30 minutes. Do not allow student to return to sports or physical activities on the same day they were injured.
- Ask people who witnessed the injury about how it happened and if they observed any concussion signs.
- Call the parent to notify of the incident and refer to a healthcare professional if student experienced one or more signs or symptoms of concussion. Advise parent to monitor student for new or worsening symptoms at home. Send a copy of the checklist with the student for the healthcare professional to review.
- Complete a LJA incident report form.
- Call 911 if you see any of the following danger signs:
  - One pupil is larger than the other
  - Headache that gets worse and does not go away
  - Weakness, numbness, or decreased coordination
  - Difficulty recognizing people or places
  - Increasing confusion, restlessness, or agitation
  - Loss of consciousness (even if very brief)
  - Drowsiness or cannot be awakened
  - Repeated vomiting or nausea
  - Slurred speech
  - Convulsions or seizures
  - Unusual behavior

**After concussion:** Ask for written guidance from the student's healthcare provider about when the student can return to school and to physical activity. The student may require a school plan to address how much and what type of work the student can handle, support the student requires, and handle missed schoolwork.



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